

# Nature Nanaimo Trail Rating Guide

Nature Nanaimo’s walks are rated using the following guidelines. Each rating includes a number which indicates the degree of hill climbing, followed by a letter which indicates the smoothness or roughness of the trail. This is to help walkers gauge the degree of difficulty of the walk. An estimate of the total walking distance of the outing will also be included in the description of each outing.

*Example: A rating of 2C – 3.5 km indicates the walk will involve some moderate hill and or stair climbing with sections that are over somewhat difficult terrain and will be a total distance of approximately 3.5 km.*

## Trail Rating Guide

PART 1 - INCLINE		PART 2 – TERRAIN	
1	Very little hill or stair climbing	A	Walk is almost entirely on pavement or a flat clear surface, probably suitable for baby strollers.
2	Some moderate hill or stair climbing	B	A significant part of the walk takes place on well-groomed trails with very little more difficult terrain
3	Some significant hill or stair climbing	C	A significant part of the walk takes place on somewhat difficult terrain (rocky/rooted paths)
4	A good deal of significant hill or stair climbing	D	A significant portion of the walk is over difficult terrain.
5	Many steep hills or high-altitude trails	E	A portion of the walk takes place on very difficult terrain requiring significant physical exertion.

### Notes:

1. In the event of a major weather event, trail conditions may have deteriorated significantly creating slippery conditions and or possible washouts. Be prepared to adjust your plans accordingly.
2. Planning for all coastline walks should take tide/wave conditions into consideration. Check tide and weather reports as needed.